

# VOICE STUDIO INTERNATIONAL



## Transforming Your Voice: Nadine George Voice Work®

A two-day workshop where you can experience Nadine George Voice Work and its ability to empower and inspire you. It will introduce the work to those new to it while also suiting those who wish to reconnect with it. Using George's highly practical techniques, the individual is supported to release their authentic, expressive human voice by means of a physical and vocal exploration of the voice linked directly to speaking.

Each voice is unique to that individual and no two voices are the same. The workshop deliberately limits the number of participants to allow for the separate development of each person's voice within a supportive group structure. We believe there is no one pathway to suit all sizes.

### Date, Venue, Cost

**12th & 13th October 2019**

10.30am - 5.30pm

#### Venue

Central London Studio

Price: £225\*

\*Deposit required on acceptance

### Who is the workshop for?

The workshop is open to all who have a real wish to explore their voice and its connection to themselves. While it is suitable for those new to the technique it will also provide an opportunity for those wishing to continue their practice of the work as each person will work from their own individual starting point. It will also be appropriate for those who have an existing vocal practice but who wish to discover other ways of understanding and working with voice.

### The Workshop

The workshop follows the developed structure of the Nadine George Voice Work. The morning session will involve connecting to your physicality and the deep source of breath and energy in the body, firstly in pairs and then linked to the group and the space. Please note this work involves physical contact between the participants. It is followed by a vocal warm-up in the Four Voice Qualities © of the technique before each individual releases the sung sound in one quality in more depth, related to the body's impulse. Then the work on vibration and energy is taken into speaking by way of a personal vocal journey through some text which will be provided beforehand. Throughout the day there will be time and space for discussion and reflection.

The workshop provides a safe space and the opportunity to take risks in a supportive environment with like-minded participants, anchored by Nadine's established technique.

#### What you can hope to gain

- ✧ The opportunity to understand the connection between your voice and yourself
- ✧ A greater understanding of breath and the energies of the voice and body as they connect to speaking
- ✧ A technique to apply in practice which helps improve confidence through physical and vocal awareness
- ✧ the chance to take creative risks in a supportive environment and to share the creative experience of others
- ✧ time and space to reflect on the experience of the process and your development through it.

# VOICE STUDIO INTERNATIONAL

## Application

Voice Studio International workshops are extremely popular and places are restricted to 10 participants in order to maintain a high quality of focus on the individual.

Participants will be accepted on their real wish to explore their voice's authenticity in the company of others with similar aspirations.

If you would like to apply for one of the 10 spaces available on the workshop, please send your professional CV and personal statement to: [info@voicestudiointernational.com](mailto:info@voicestudiointernational.com)

## The Teacher

### Ros Steen \*

*'It's not just what you teach Ros, it's the way you teach it, taking into account the whole person. A real gift. Thank you'*  
Individual Participant

Emeritus Professor and former Head of Research and the Centre for Voice in Performance of the Royal Conservatoire of Scotland.

Ros Steen has been a Voice Practitioner for over 35 years and has studied and worked with Nadine George since they met in 1990. Trained at the Royal Conservatoire of Scotland (formerly RSAMD) and the University of Glasgow, Ros pioneered the use of Nadine George voice work as a medium of rehearsal in professional theatre in Scotland and was responsible for introducing and establishing the work as a core language of the Scottish theatrical landscape. The work forged a new role for the voice specialist in productions, that of Voice Director. In particular it had an intrinsic role to play in the new writing premieres of a generation of playwrights such as David Harrower, David Greig, Linda McLean, Rona Munro and Nicola McCartney in seminal plays such as Black Watch, Bondagers, Knives in Hens, Passing Places and Heritage.



She has worked regularly with directors such as Philip Howard, Dominic Hill and John Tiffany, the latter inviting her as the first visiting scholar to the Radcliffe Institute for Advanced Study at Harvard University during his own tenure there as a Research Fellow. Subsequently they worked together on the National Theatre of Scotland's production of Macbeth starring Alan Cumming.

She has taught the work in training institutions and established Nadine George Voice Work at the Royal Conservatoire of Scotland as the central practice in spoken voice for performers. She has also undertaken research which looks specifically at the voice work's connection to the creative processes of actors, writers and directors, publishing several papers about her findings. In 2013 she compiled and edited Growing Voices. More recently she was an invited artist on the South Bank's Collision project collaborating with A.L.Kennedy to explore intensively the links between the openings of the voice and writing.

She is in regular demand as a voice consultant for theatre, film, radio and TV throughout the country.

\*In the event the advertised teacher is unable to teach this workshop VSI reserves the right to replace the teacher with another appropriately experienced and NGVW accredited voice teacher.