

VOICE STUDIO INTERNATIONAL



The Authentic Voice: Nadine George Voice Work ®

This 5 day course is a dynamic and artistic investigation into the voice and self, developing tools to embody our creativity in our daily lives. The workshop is rooted in the Nadine George Voice Work to explore breath, body, voice and the spoken word. It will encourage deeper awareness and skill in the use of our voice and body to express our internal life and use classic text as a frame to discover the creative power of the word and our voice.

This highly creative and unique approach developed by Nadine over the last forty years enables us to explore practically how our voice creatively connects to our human and artistic potential.

Date, Venue, Cost

6th - 10th May 2019
Mon - Fri 10.30am - 5.30pm

Venue
Glasgow Studio - TBC

Price: £450*
*Deposit required on acceptance

Who is the workshop for?

The workshop is open to all who have a real wish to explore their voice and its connection to themselves. It is suitable to those familiar with Nadine's work, who are looking to deepen their relationship with the technique and equally to those wishing to explore the work for the first time. It will also be appropriate for those who have an existing vocal practice but who wish to discover further ways of understanding and working with voice.

*Follow your voice. What does your voice say?
What does the voice evoke?*

Nadine George

The Workshop

The Nadine George Voice Work involves active and meditative relaxation and breathing exercises working individually, in pairs and as an ensemble. This embodied connection to the breath, the body and therefore the self, is linked to how we move and walk through space whilst remaining connected to our voice and presence. Sounded tone work is explored individually and as a group, releasing the sung sound as it relates to the body's impulse and the Four Voice Qualities© of the technique. These Qualities will be explored to understand the depth, breadth and potential that lies within each individual, expressing our unique identity through the voice. Text is then spoken out loud, to connect the word to this potential in our voice.

Each day follows this developed structure of work on breath, body, space, voice, word, enabling the work to become further embodied as the technique becomes familiar.

What you can hope to gain

- ✧ the opportunity to understand the connection between your voice and yourself
- ✧ a greater understanding of breath and the energies of the voice and body as they connect to speaking
- ✧ a technique to apply in practice which helps improve confidence through physical and vocal awareness
- ✧ the chance to take creative risks in a supportive environment and to share the creative experience of others
- ✧ time and space to discuss and reflect on the experience of the process and your development through it.

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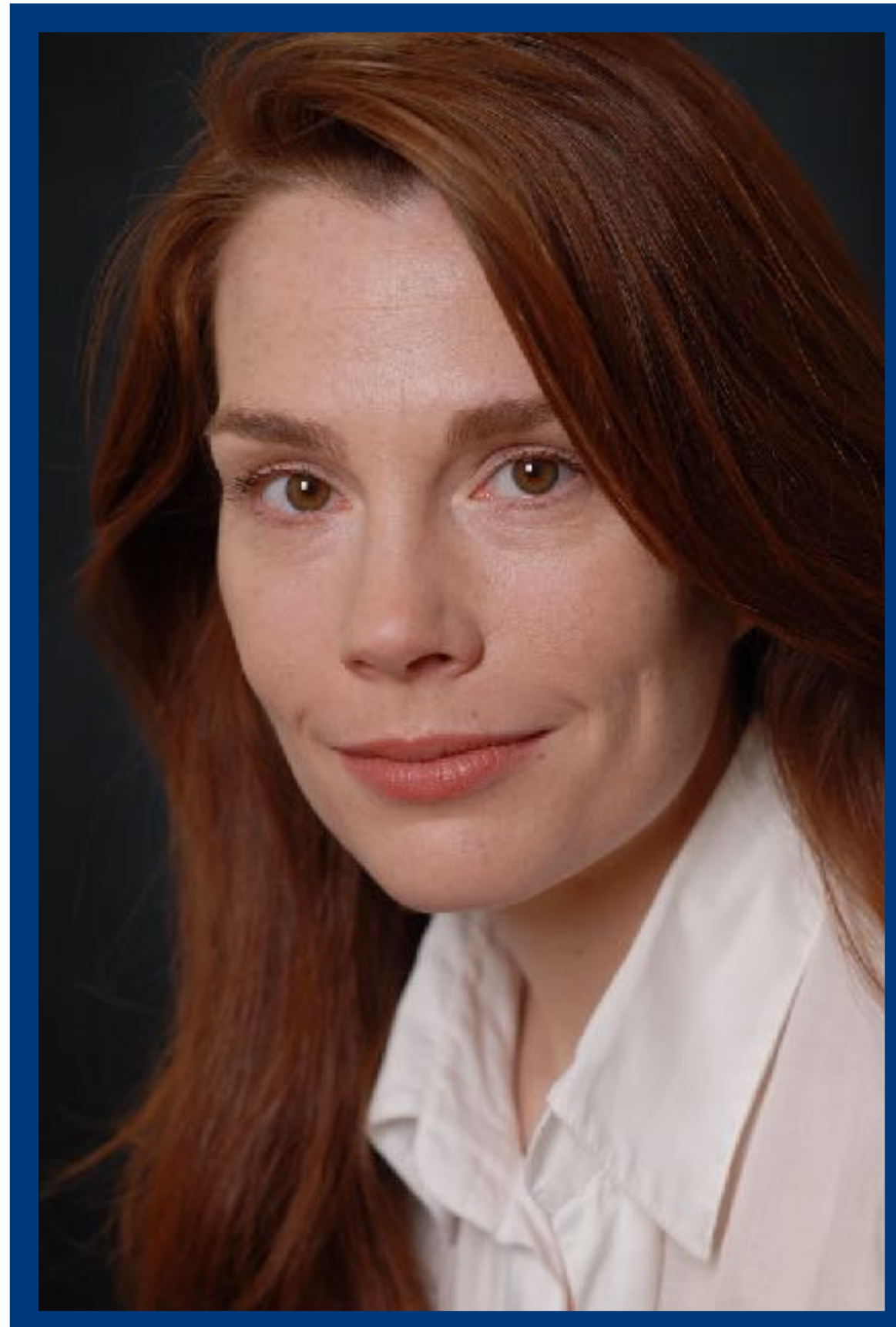
Application

Voice Studio International workshops are extremely popular and places are restricted to 10 participants in order to maintain a high quality of focus on the individual. Participants will be accepted on their real wish to explore their voice's authenticity in the company of others with similar aspirations.

If you would like to apply for one of the 10 spaces available on the workshop, please send your professional CV and personal statement to: info@voicestudiointernational.com

The Teacher

Susan Worsfold *



www.susanworsfold.co.uk

Susan Worsfold is an award winning theatre director specialising in the Nadine George Voice Work for which she is an accredited teacher and company director. She has been supported by Creative Scotland, Made in Scotland, British Council Brazil and British Council Scotland. Susan was Creative Development Director of the Nadine George Voice Centre and is Associate Teacher to the Centre for Voice at the Royal Conservatoire of Scotland, from which she graduated with a BA Hons in Directing in 1998. Susan is co-company director of Queen Jesus Productions, working with Jo Clifford to direct the internationally acclaimed The Gospel According to Jesus, Queen of Heaven, which toured to Brazil in 2016, won a Made in Scotland and Scottish Arts Award and continues to tour to South America, UK, Europe and the USA.

In 2017/18 she directed and designed Eve by Jo Clifford & Chris Goode for The National Theatre of Scotland (Scottish & Brazil Tour), The Last Post composed for trumpet, text and electronics (St Magnus International Festival commission, Made in Scotland 2017 Award), Lysistrata, Threepenny Opera (Kings Theatre, Edinburgh), War in America (World Premiere) as Director for the Attic Collective ensemble at Kings and Edinburgh Festival Theatre, The Gospel According to Jesus, Queen of Heaven (UK Tour & Traverse Theatre Christmas Production, 2018), Heroine by Mary Jane Wells (Made in Scotland Award 2018), co-created Cleopatra, at Sesc Palladium, Belo Horizonte, Brazil working with Shakespeare's Antony & Cleopatra text in Portuguese and is co-creating Alive with dance artist Skye Reynolds.

Susan delivers voice workshops in many communities and has particularly instigated and developed the Nadine George Voice Work to support the transgender community, sign language interpreters and with Lung Ha, an ensemble company for actors with learning and physical disabilities. She works with classic and contemporary texts, with artists from all artistic disciplines and people from all walks of life. She recently introduced NGVW to the federal state university of Minas Gerais in Brazil (UFMG) and currently delivers voice workshops in the United Kingdom, France, Brazil and Lebanon.

*In the event the advertised teacher is unable to teach this workshop VSI reserves the right to replace the teacher with another appropriately experienced and NGVW accredited voice teacher.